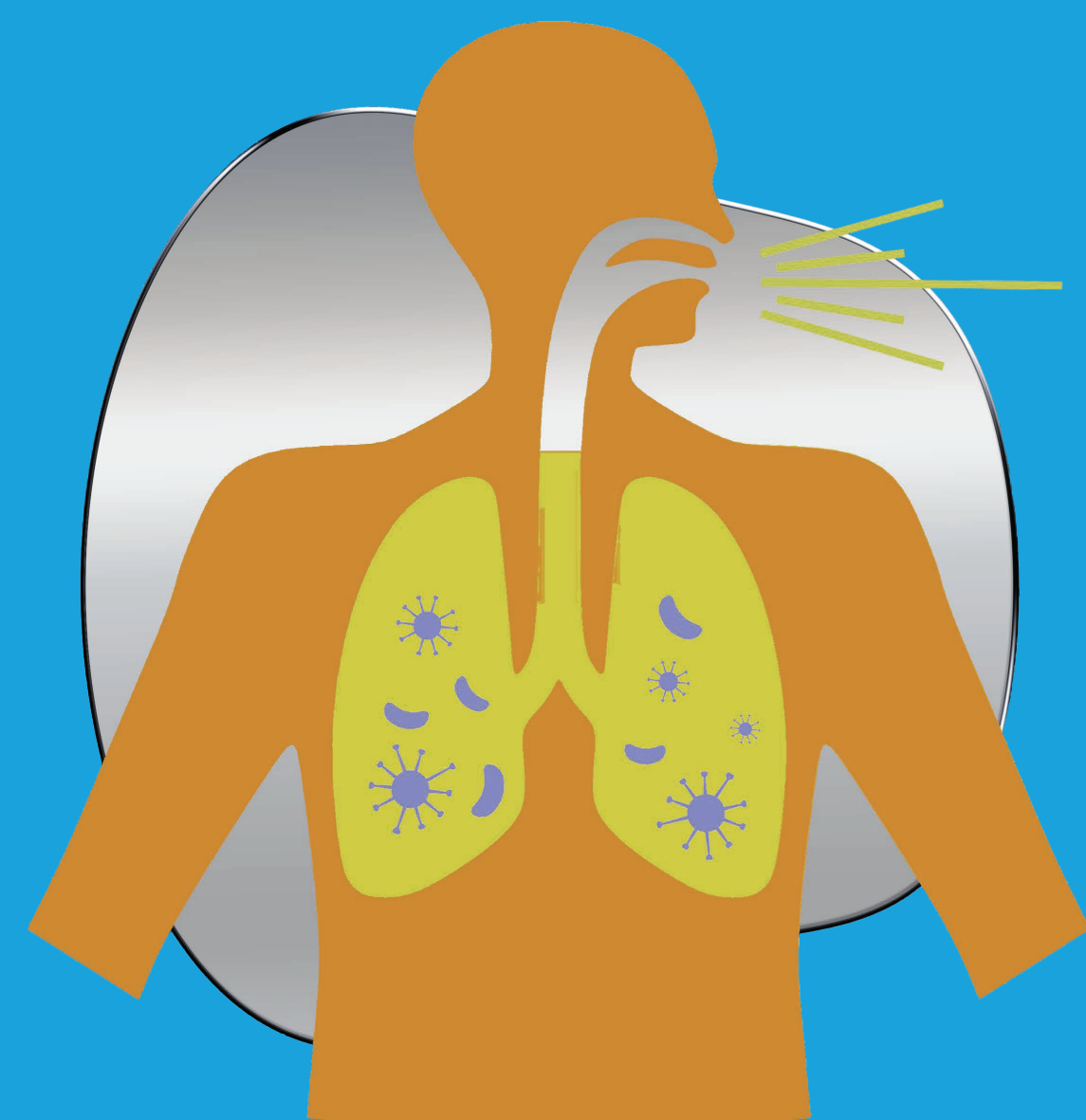


Say NO to Mercury

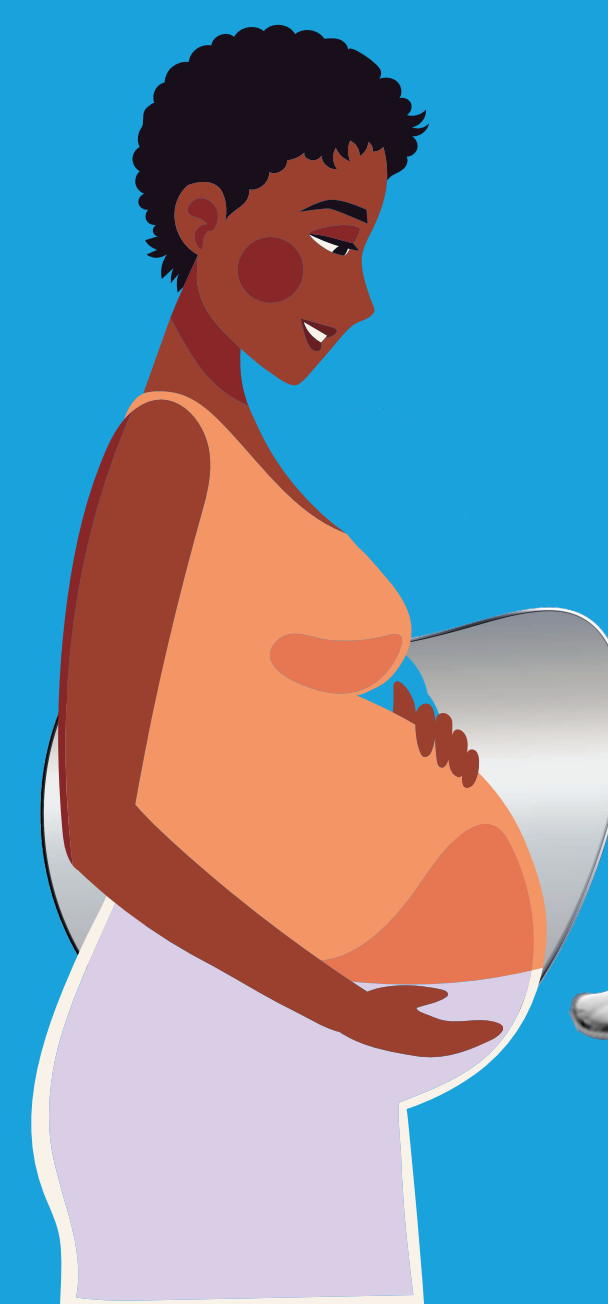
Mercury damages your body and can cause serious health problems.

Lungs



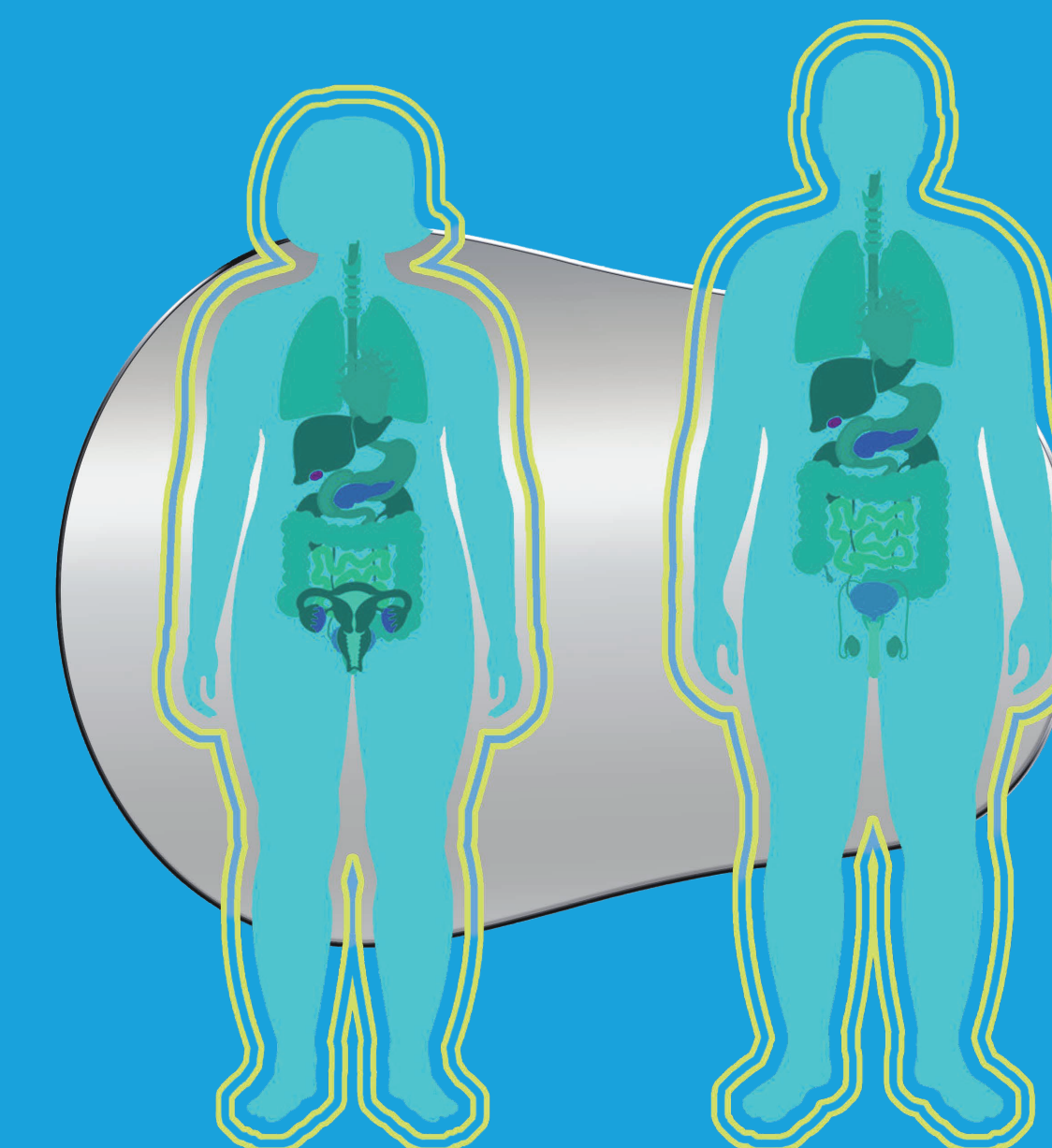
Mercury fumes are extremely dangerous, damaging your lungs and getting into your blood stream.

Babies & Children

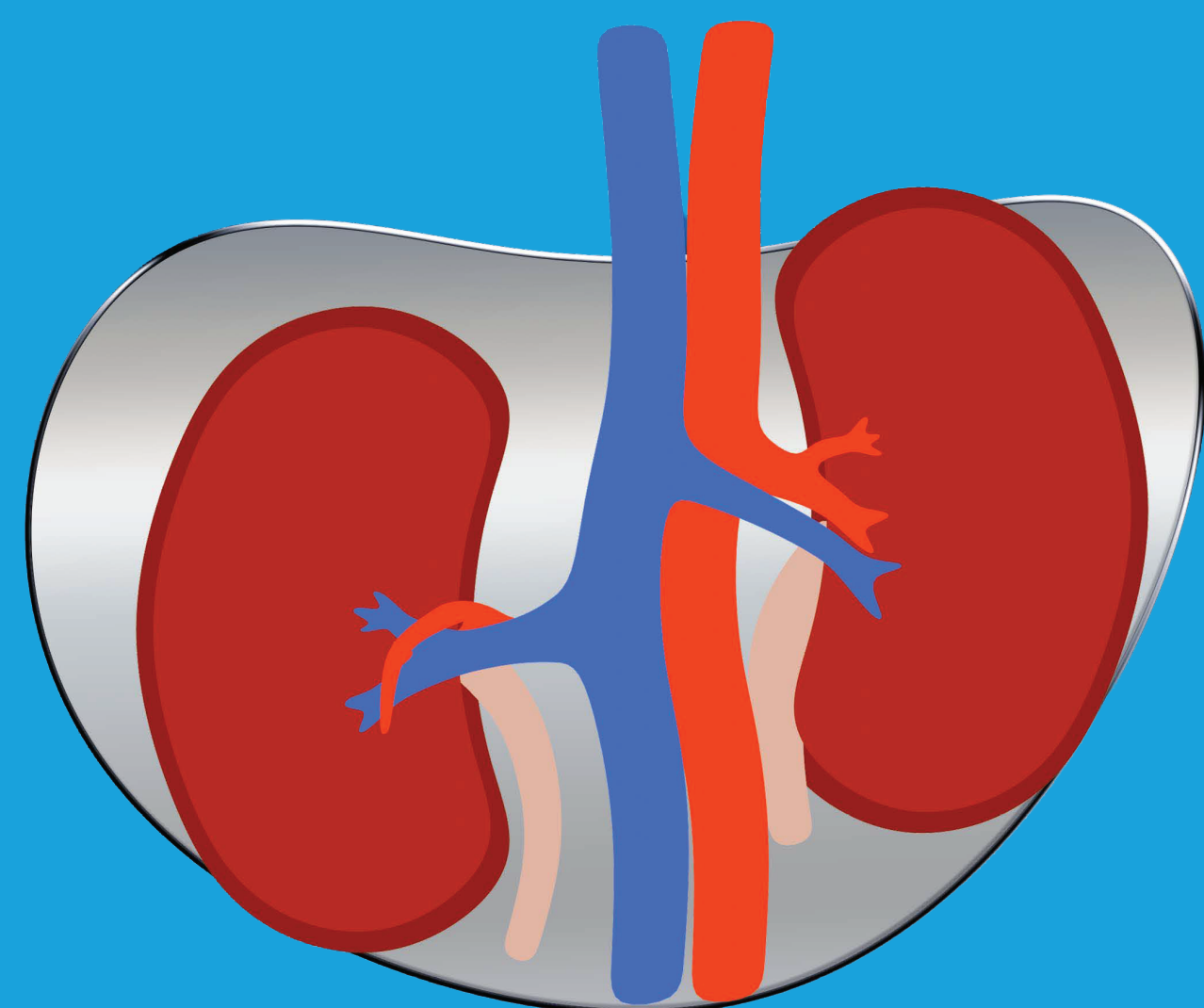


Mercury can lower your body's defenses against other diseases.

Immune System



Kidneys



Like malaria, mercury can damage your liver and kidneys. Alcohol can make this worse.

Mercury can affect mothers, damage a baby's brain and slow down mental development in children.

Brain & Nerves



Mercury can damage your brain, vision and hearing and cause mental problems.

*This content has been adapted from the planetGOLD Guyana project, with design adapted from the planetGOLD Uganda project.
The message is approved by the Ministry of Health and Child Care of Zimbabwe.*



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